

Affordable, High-Quality Mental Health Counseling by Lay Counselors*

this is
the lowest cost
possible, while paying our
counselors a respectful wage

Cost: **\$130**
per session

Equity Pricing: \$170 if you
are able to help others
\$90 if you need
a discount

What you'll get:

- A nonjudgmental, supportive, empathic counselor.
- A time that works for you; Evening and weekend hours available.
- No burdensome "intakes" or other hoops to jump through.

There is no easier
way to access
mental health
counseling:

1.

Send a text!

2.

Hear back
from a
real human!

3.

Set up a phone or
video counseling
appointment within
3 days!

What clients say about scheduling:

"Extremely easy establishing care, quick and easy text messaging for appointments. Simple straightforward communication made the process easy!"

What clients say about Flourish Counseling

"My counselor is able to hold truly nonjudgmental space during our sessions. He brings compassion and understanding in a deeply professional and effective way and I feel that I've grown as a person due to these last 6 months of counseling."

"My counselor is amazing. Really listens and asks questions that really help me look inward. She gives me practical tools and is incredibly caring and understanding. I trust them very much."

"The accessibility of services (ease of scheduling and availability of appointments) and caliber of counseling provided have been so valuable as I work through some hard things personally and professionally."



Our team of lay counselors and licensed clinicians is built on equity and inclusivity foundations; we represent varied ages, life experiences, genders, sexual orientations, races, ethnicities, and native languages.

Spanish Speaking Counselors are available!

TEXT for Counseling:
209 800 7922

***What is a Lay Counselor?** Someone who has been trained to do mental health counseling, and is supervised by a licensed person. Lay Counselors are not licensed; we have licensed counselors available if preferred.

Questions? Email

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