

# Affordable, High-Quality Mental Health Counseling by Lay Counselors\*

*this is the lowest cost possible, while paying our counselors a respectful wage*

Cost: **\$136**  
per session

**Free 30-minute consultation**

## What you'll get:

- A nonjudgmental, supportive, empathic counselor.
- A time that works for you; Evening and weekend hours available.
- No burdensome "intakes" or other hoops to jump through.

There is no easier way to access mental health counseling:

1.

Send a text!



2.

Hear back from a real human!



3.

Set up a phone or video counseling appointment within 3 days!



## What clients say about scheduling:

"Extremely easy establishing care, quick and easy text messaging for appointments. Simple straightforward communication made the process easy!"

## What clients say about Flourish Counseling

"My counselor is able to hold truly nonjudgmental space during our sessions. He brings compassion and understanding in a deeply professional and effective way and I feel that I've grown as a person due to these last 6 months of counseling."

"My counselor is amazing. Really listens and asks questions that really help me look inward. She gives me practical tools and is incredibly caring and understanding. I trust them very much."

"The accessibility of services (ease of scheduling and availability of appointments) and caliber of counseling provided have been so valuable as I work through some hard things personally and professionally."



Our team of lay counselors and licensed clinicians is built on equity and inclusivity foundations; we represent varied ages, life experiences, genders, sexual orientations, races, ethnicities, and native languages.

**Spanish Speaking Counselors are available!**

TEXT for Counseling:  
**209 800 7922**

\***What is a Lay Counselor?** Someone who has been trained to do mental health counseling, and is supervised by a licensed person. Lay Counselors are not licensed; we have licensed counselors available if preferred.

**Questions? Email**  
Flourish@emorrisonconsulting.com