Learn the Essential Skills of Mental Health Counseling on Your Own Schedule



Now, you can learn the essential skills of mental health counseling on your own schedule! Our comprehensive content, trusted by over **1,200** learners, includes:

- **Core Counseling Skills**
- **Bias Mitigation**
- **Motivational Interviewing**
- **Cognitive Behavioral Therapy (CBT)**
- **Behavioral Activation**
- **Responding to Suicidal Ideation**
- **Counseling People with Anxiety, Depression, & Addictive Disorders**
- **Preventing Vicarious Trauma**
- **AND MORE!**

This self-reflective, empathy-based course utilizes multi-modal learning:

Reading
Audio
Videos
Writing

THE
LAY COUNSELOR ACADEMY
SELF-PACED

Cost

For Individuals:

$1,200

Looking for more support?

Our **Hybrid Course** includes

5 Group Practices &
5 Individual Coaching Sessions

$2,200

For Organizations:

Discounted for groups of 20 or more employees.

Enhance skills and confidence in mental health counseling for roles including:

- Medical Assistants
- Teachers
- Community Health Workers
- Legal Aids
- Case Managers
- And more!

Email Angelica@emorrisonconsulting.com to learn more!

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